

# Qualification Purpose Statement

**Awarding Organisation:** Laser Learning Awards

**Regulated Qualification:** LASER Level 4 Diploma in Shiatsu

**Qualification number:** 603/5636/4

## Overview

The **LASER Level 4 Diploma in Shiatsu** will provide you with the knowledge and skills required to be competent to provide Shiatsu to clients. It is also suitable for those who wish to pursue a career using Shiatsu as part of a wider complementary therapy offer.

You will be assessed using a combination of methods including the development of a portfolio of evidence and a final, assessor observed practical assessment. Critical to the development of practitioner skills is the requirement to evidence the following within the portfolio:

- A minimum of 18 hours dedicated to the development of clinical skills (approximately 3 clinic days)
- 3 client case studies – to cover a minimum of 6 Shiatsu sessions with each client.
- A robust record of documented case notes (approximately 200).

Satisfactory completion of the tasks, compilation of the portfolio and the observed practical assessment will provide evidence that you have met the requirements of the qualification. The centre must assess you in terms of whether you have met each unit assessment criteria. You must undertake a minimum of 3 case studies and associated case notes to include a minimum of 6 sessions with each client.

The qualification is made up of 100 credits and 500 Guided Learning Hours. The Total Qualification Time (TQT) for this qualification is 1000.

## Who is this qualification for?

This Level 4 Diploma is suitable for you if you wish to **provide** Shiatsu to clients and pursue a career using Shiatsu as part of a complementary therapy offer. The qualification is suitable for those already offering complementary therapies who wish to add the Shiatsu discipline to their portfolio. It is available to learners aged 18+

## What does this qualification cover?

The qualification is made up of 100 Credits so you will need to study for about 1000 hours to achieve the Diploma.

You will learn:

- core theory underpinning practice, including historical origins and evolution of Shiatsu.
- anatomy, physiology and pathology for Shiatsu.

- lifestyle medicine and how to support client's health and wellbeing.
- how to run a successful and ethical Shiatsu business.
- how to tailor safe and effective Shiatsu to meet the needs of a range of clients.

The LASER Level 4 Diploma in Shiatsu allows for the representation of all recognised styles of Shiatsu that use different sets of Tsubo's and Meridians.

Recognised styles include:

- Traditional Chinese Medicine
- Zen Shiatsu
- Movement Shiatsu
- Five Elements / Phases / Transformations
- Namikoshi

All assessments will be in English.

#### **What could this Qualification lead to?**

The qualification can lead into employment as a Shiatsu practitioner and can promote progression onto further study and work opportunities including for those who want to add additional complementary disciplines to their portfolio or to set up their own Shiatsu practice.

#### **Progression opportunities could include:**

- Employment as a Shiatsu practitioner
- Self-employment within own Shiatsu practice
- Level 5 Diploma in Business Enterprise 601/6050/0
- A range of qualifications in related complementary therapy disciplines

#### **Who supports this Qualification?**

[The Complementary & Natural Healthcare Council \(CNHC\)](#)

[The Shiatsu Society](#)

To find out more about the qualification please go to: [www.laser-awards.org.uk](http://www.laser-awards.org.uk)

This qualification is regulated by Ofqual and is on the Regulated Qualifications Framework (RQF).