Unit Title:	Be Able To Cycle
Unit Level:	Entry 3
Unit Credit Value:	1
GLH:	5
LASER Unit Code:	WJI083
Ofqual Unit Code:	Y/652/4686

This unit has 5 learning outcomes.

Learning Outcome (The learner will):		Assessment Criteria (The learner can):	
1.	Be able to get on to a cycle.	1.1	Get on to a cycle.
2.	Be able to pedal / propel a cycle.	2.1	Move the cycle using pedals or other mechanism.
		2.2	Demonstrate how to glide.
		2.3	Demonstrate how to steer the cycle.
		2.4	Demonstrate how to avoid obstacles.
3.	Be able to stop a cycle.	3.1	Stop the cycle smoothly.
4	Be able to get off a cycle.	4.1	Get off the cycle.
5.	Know about the range of assistance available to be able to cycle safely.	5.1	Identify the range of assistance available to: • get on to a cycle • pedal / propel a cycle • get off a cycle.

Assessment Guidance:
Current legal and regulatory frameworks and guidance as well as accepted good practice must be applied to the delivery of this unit. The range of assistance can include a cycling assistant as well as equipment.

Additional Information:
NA