

Unit Title:	Safe Use Of Mechanical Restraints (Handcuffing)
Unit Level:	Level 3
Unit Credit Value:	1
GLH:	7
LASER Unit Code:	WJH978
Ofqual Unit Code:	R/651/5313

This unit has 6 learning outcomes.

Learning Outcome (The Learner will):		Assessment Criteria (The Learner can):	
1.	Understand the different types of mechanical restraints.	1.1	Identify the different types of mechanical restraints.
		1.2	Identify what mechanical restraints would be used in different scenarios.
		1.3	Explain the importance of inspection and maintenance of mechanical restraints.
2.	Understand the legal framework and guidelines in relation to the use of mechanical restraints.	2.1	Explain the primary reason for the use of mechanical restraints.
		2.2	Identify the key articles of the Human Rights Act (1988) that may impact on the use of mechanical restraints.
		2.3	Outline the key principles of the use of force.
		2.4	Explain the laws in relation to the powers of arrest.
		2.5	Identify why you would handcuff someone who was compliant.
		2.6	Identify why you would handcuff someone who was non-compliant.
3.	Understand the importance of safe working practices and responding to medical difficulties.	2.7	State the key laws in the application of non-compliant restraint.
		3.1	Identify the importance of training in the use of mechanical restraints.
		3.2	Explain the importance of a dynamic risk assessment.
		3.3	Identify the medical risks if restraints are used incorrectly.
		3.4	Identify good practice that can be used to reduce the risk of medical issues resulting from the use of mechanical restraints.
4.	Understand the importance of reporting and post incident	3.5	Identify the actions to take if a subject exhibits any signs or symptoms of medical difficulty when restraints are applied.
		4.1	State the reasons for post-incident reporting.
		4.2	List the information that must be included in post-

	considerations.		incident reports.
		4.3	Explain the importance of reflection and debriefing for future practice.
5.	Be able to carry out practical techniques for compliant individuals.	5.1	Communicate with compliant individuals during the application of restraints.
		5.2	Apply restraints to a compliant individual.
		5.3	Demonstrate steps taken to prevent injury.
		5.4	Demonstrate safe removal of the restraint from the individual.
6.	Be able to carry out practical techniques for non-compliant subjects.	6.1	Demonstrate effective communication and teamwork skills during the application and removal of restraints.
		6.2	Demonstrate the key techniques for handcuffing a non-compliant individual.
		6.3	Demonstrate steps taken to prevent injury.
		6.4	Demonstrate safe removal of the restraint from the individual.
		6.5	Demonstrate the steps to take if the individual shows signs of medical distress.

Assessment Guidance:

N/A

Additional Information: