

Unit Title:	Provide Shiatsu To Clients
Unit Level:	Level 4
Unit Credit Value:	36
GLH:	175
LASER Unit Code:	WJG843
Ofqual Unit Code:	T/618/0171

This unit has 5 learning outcomes.

Learning Outcome (The Learner will):		Assessment Criteria (The Learner can):	
1.	Understand how to prepare for Shiatsu treatment	1.1	Explain the requirements for preparing self, client and work area for treatment
		1.2	Explain the environmental conditions suitable for treatment
		1.3	Explain the importance of completing and maintaining accurate records in accordance with professional and legal requirements
		1.4	Explain the importance of time-management skills when scheduling and delivering Shiatsu
2.	Be able to prepare for Shiatsu treatment	2.1	Prepare self, client and work area in accordance with current legislation and working practice requirements
		2.2	Consult with clients to identify factors that may influence treatment planning and objectives
		2.3	Provide clear recommendations to the client based on the outcome of the consultation
		2.4	Select materials and equipment to suit client treatment needs
		2.5	Obtain informed consent from the client prior to treatment
		2.6	Explain the nature of the service and fee structures to the client
3.	Understand how to provide Shiatsu treatment for clients	3.1	Evaluate the importance of alignment, expansion, relaxation and the sense of Hara when providing Shiatsu treatment
		3.2	Analyse how to assess clients prior to Shiatsu treatment including the factors that need to be considered
		3.3	Analyse the conditions and circumstances requiring special consideration prior to Shiatsu treatment
		3.4	Explain how to recognise conditions for which Shiatsu is appropriate /inappropriate
		3.5	Explain how the results of the client assessment inform Shiatsu treatment planning
		3.6	Explain how to plan Shiatsu treatments that meet clients' needs
		3.7	Evaluate Shiatsu treatment options and methods

		3.8	Explain how to recognise the limits of own knowledge, skills and experience and the importance of not exceeding them
		3.9	Evaluate clients' potential responses during Shiatsu treatment to include: a) Physical b) Mental/emotional c) No response d) Intensifying/reduction of symptoms
		3.10	Evaluate the objectives and potential outcomes of Shiatsu treatment for clients
		3.11	Outline the aftercare information and advice to be provided following Shiatsu treatment
		3.12	Explain why a client may need to be referred to a healthcare practitioner
		3.13	Explain when Shiatsu should be used with caution or is contra-indicated locally or totally
4.	Be able to provide Shiatsu treatment for clients	4.1	Deliver a professional and personal service to include: a) wear suitable attire to provide treatments b) make clients feel welcome and provide opportunity to answer and ask questions c) prepare treatment environment to meet clients' needs d) meet health and safety requirements e) meet professional codes of practice f) position self and client to provide safe and effective treatment and comfort g) use listening and communication skills h) use Shiatsu techniques/methods in appropriate positions according to the needs of the client (e.g. prone, supine, side and sitting positions) i) make adjustments to the treatment to meet any changing needs j) check client's well-being give and reassurance where needed k) deal with the client's response to treatment l) complete the treatment to the satisfaction of the client in the time allocated
5.		5.1	Obtain feedback from clients after treatment

Be able to bring Shiatsu treatment to a close	5.2	Evaluate the outcomes and effectiveness of the treatment to inform future plans and actions
	5.3	Provide clear and accurate homecare/aftercare advice to clients after treatment
	5.4	Record treatment information in a suitable format according to professional and legal requirements
	5.5	Reflect on own practice and make suggestions for self-improvement and development

Assessment Guidance:

This unit must be assessed according to the LASER Level 4 Diploma in Shiatsu qualification specification.

Learners must undertake a minimum of 3 case studies and associated case notes to include a minimum of 6 sessions with each client.

Additional Information:

NA