

Unit Title: Practical Skills For Medical
 Physiotherapy Support Work
Unit Level: Level 2
Unit Credit Value: 6
GLH: 48
LASER Unit Code: WJF230
Ofqual Unit Code: K/506/7582

This unit has 5 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know about the gait cycle.	1.1	Describe the different parts of the normal gait cycle.
		1.2	Identify different conditions that may have an effect on gait.
		1.3	Explain the impact the identified conditions may have on gait.
2.	Know about the use of walking aids and stair assessments.	2.1	List types of walking aids.
		2.2	Identify the situation for use for each identified type of walking aid.
		2.3	Outline the safety checks for each identified type of walking aid.
		2.4	Demonstrate the technique for measuring and use for each identified type of walking aid.
		2.5	Carry out a safe stair assessment .
		2.6	Explain the perceptual and safety aspects related to a stair assessment.
3.	Understand the use of physiotherapeutic equipment.	3.1	Explain the physiological effects of: (a) hot therapy (b) cold therapy.
		3.2	Explain the contraindications of: (a) hot therapy (b) cold therapy.
		3.3	Describe the safety requirements for the use of hot packs and ice packs.
		3.4	Carry out the safe use of: (a) hot packs (b) ice packs.
		3.5	Explain the difference between the following: a) muscle tears b) sprains c) ligamentous tears.
		3.6	Describe the principles of PRICE.
		3.7	Demonstrate the safe use of physiotherapeutic equipment.

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4.	Understand the use of physiotherapeutic techniques.	4.1	Describe the use of: (a) passive movements (b) lower limb stretches (c) lower limb exercises (d) chair-based exercises.
		4.2	Demonstrate the use of: (a) passive movements (b) lower limb stretches (c) lower limb exercises (d) chair-based exercises.
		4.3	Explain the term 'normal movement'.
		4.4	Explain how the concept of 'normal movement' affects own treatments.
		4.5	Demonstrate a safe and effective gym class.
		4.6	Explain the concept of balance.
		4.7	Demonstrate how to progress balance work.
		4.8	Explain the principles of seating and positioning.
		4.9	Demonstrate techniques for safe transfer.
5.	Understand the importance of effective practice.	5.1	Explain the use of: a) outcome measures b) validity c) reliability.
		5.2	Explain outcome measures.
		5.3	Describe how outcome measures are conducted.
		5.4	Explain the legal requirements and local standards related to note-writing.
		5.5	Use SOAP notes, abbreviations and concise note-writing.

Assessment Guidance:
NA

Additional Information:
NA