

**Unit Title:** Setting Goals For Personal Development  
**Unit Level:** Level 2  
**Unit Credit Value:** 3  
**GLH:** 24  
**LASER Unit Code:** WJD449  
**Ofqual Unit Code:** J/504/8585

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand how own personal attributes have affected current situation to date.	1.1	Explain how selected own significant achievements were accomplished.
		1.2	Explain how selected own skills were learned.
		1.3	Explain how selected own interests are pursued.
		1.4	Assess the relevance of each of the above to own current situation.
2.	Know how to use information resources to identify a range of opportunities.	2.1	Describe how to make use of a selected source of help or information.
		2.2	Explain why this source has been selected for use.
		2.3	Produce detailed information about a range of relevant opportunities.
3.	Know how to set personal goals.	3.1	Prioritise some possible future goals.
		3.2	Select a goal.
		3.3	Describe in detail why selected goal is relevant to personal attributes and aspirations.
4.	Understand the practical implications of pursuing personal goals.	4.1	Explain steps to be taken to achieve personal goals.
		4.2	Produce an action plan.
		4.3	Outline those factors which may affect progress towards the achievement of the selected goals.
		4.4	Explain why these factors may affect progress towards achievement of selected goals.
		4.5	Explain how to deal with the above factors with reference to possible sources of help.

**Assessment Guidance:**

NA

**Additional Information:**

NA