

Unit Title: Cooking With Rice, Grains And Pulses
Unit Level: Level 2
Unit Credit Value: 3
GLH: 24
LASER Unit Code: WJD434
Ofqual Unit Code: Y/504/9403

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know about rice, grains and pulses.	1.1	Describe nutritional values of a) rice b) grains c) pulses.
		1.2	For conventional dishes choose: a) rice b) grains c) pulses.
2.	Be able to prepare food using rice, grains and pulses.	2.1	Prepare dishes using the following: a) rice b) grains c) pulses.
		2.2	Make pasta.
		2.3	Use pasta in a dish.
3.	Evaluate own work.	3.1	Comment on finished products.
		3.2	Identify ways of improving.
4.	Understand principles of health and safety.	4.1	Apply health and safety principles in practice.

Assessment Guidance:

NA

Additional Information:

NA