

Unit Title: The Physical And Psychological Needs Of Children
Unit Level: Level 1
Unit Credit Value: 3
GLH: 27
LASER Unit Code: WJD389
Ofqual Unit Code: K/505/1611

This unit has 3 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know about the physical and psychological needs of children.	1.1	Outline some of the likely physical and psychological needs of a child of a given age.
		1.2	Outline some of the difficulties in meeting the needs of children.
		1.3	Outline the roles of agencies or organisations that can offer support in meeting the physical and psychological needs of children.
2.	Know the importance of exercise and rest in children's healthy development.	2.1	Outline reasons why rest and exercise are important in child development.
		2.2	Identify activities which promote exercise to children of given ages.
		2.3	Outline ways in which opportunities for exercise and rest can be incorporated into a daily routine for a child.
3.	Know how to provide physical care for children of different ages.	3.1	Outline key factors in caring for the: a) hair b) skin c) teeth d) feet of a baby, toddler, pre-school and school-aged child.
		3.2	Outline the effects of the identified illnesses.

Assessment Guidance:

NA

Additional Information:

NA
