

**Unit Title:** Career Planning  
**Unit Level:** Level 1  
**Unit Credit Value:** 3  
**GLH:** 27  
**LASER Unit Code:** WJD370  
**Ofqual Unit Code:** M/504/8645

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know own strengths, qualities, skills and abilities.	1.1	Give an example of each own strengths, qualities, skills and abilities.
		1.2	Identify an area of weakness.
		1.3	State why this area of weakness needs to be improved.
2.	Know where to find sources of information, advice and guidance for career planning.	2.1	Identify sources of help or information in relation to career planning.
		2.2	Identify a source of relevant information for own career planning.
3.	Understand how own abilities relate to progression opportunities.	3.1	Identify different progression opportunities.
		3.2	Outline how own attributes relate to the requirements of each opportunity.
4.	Know how to plan for transition to the next stage of education, training or work.	4.1	Produce a simple career action plan.
		4.2	Produce an application to the next stage of own education, training or work.

**Assessment Guidance:**

NA

**Additional Information:**

NA