

Unit Title: Participating In Leisure Activities
Unit Level: Level 1
Unit Credit Value: 3
GLH: 27
LASER Unit Code: WJD369
Ofqual Unit Code: R/504/2885

This unit has 5 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Be able to identify local activities.	1.1	Identify locally based leisure activities.
2.	Know how to access local leisure activities.	2.1	Collect information on how to gain access to local leisure activities.
		2.2	Identify any specific requirements for equipment and/or clothing.
		2.3	Identify any costs involved in participating in the local leisure activities.
		2.4	Identify their personal budget for the local leisure activities.
3.	Be able to participate in a range of local leisure activities.	3.1	Participate in a range of local leisure activities.
		3.2	State which activity they liked best identifying why they liked it.
4.	Be able to recognise key benefits in participating in leisure activities.	4.1	Identify the benefits of participating in local leisure activities.
5.	Be able to identify health and safety issues related to selected leisure activities.	5.1	Identify key personal health and safety issues relating to the local leisure activities selected.
		5.2	Outline general health and safety issues related to the local leisure activities selected.

Assessment Guidance:

NA

Additional Information:

NA