

**Unit Title:** Peer Support Skills  
**Unit Level:** Level 1  
**Unit Credit Value:** 2  
**GLH:** 18  
**LASER Unit Code:** WJD366  
**Ofqual Unit Code:** A/504/9376

This unit has 3 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know about the role of the peer supporter.	1.1	Outline the role of a peer supporter.
		1.2	Give examples of how peer support can help other people.
		1.3	Name different peer support roles within own context.
		1.4	Identify sources of support for the peer supporter.
2.	Know about the skills and qualities required to be an effective peer supporter.	2.1	Identify the skills and qualities required to be an effective peer supporter.
		2.2	List own skills that could be used for peer support.
		2.3	List areas for own development to become a peer supporter.
3.	Know about the importance of listening.	3.1	Identify the essential elements of active listening.
		3.2	Identify barriers to listening.

**Assessment Guidance:**

NA

**Additional Information:**

NA