

**Unit Title:** Sewing Skills  
**Unit Level:** Level 1  
**Unit Credit Value:** 3  
**GLH:** 27  
**LASER Unit Code:** WJD353  
**Ofqual Unit Code:** M/504/9973

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Be able to perform basic hand sewing techniques.	1.1	Identify a range of tools and equipment used in basic garment construction for: a) marking b) measuring c) pinning d) cutting e) stitching f) pressing.
		1.2	Select appropriate fabrics and threads for hand sewing.
		1.3	Use a range of hand stitching techniques, including: a) basic tacking stitch b) diagonal tacking stitch c) tailors' tacking stitch d) hemming stitch e) back stitch f) button stitch g) buttonhole stitch.
2.	Be able to use a sewing machine.	2.1	Demonstrate bobbin winding.
		2.2	Thread a sewing machine.
		2.3	Demonstrate a variety of machine stitch types.
		2.4	Demonstrate use of an overlocker to produce seam finishes.
3.	Be able to construct a simple sewn artefact.	3.1	Use appropriate sewing techniques to construct a simple sewn artefact.
4.	Know about Health and Safety issues.	4.1	List key Health and Safety procedures in relation to garment construction.
		4.2	Follow Health and Safety procedures.

**Assessment Guidance:**

NA

**Additional Information:**

NA