

**Unit Title:** Personal Body Hygiene Awareness  
**Unit Level:** Entry 3  
**Unit Credit Value:** 1  
**GLH:** 10  
**LASER Unit Code:** WJC784  
**Ofqual Unit Code:** Y/506/0644

This unit has 3 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand why bathing or showering is necessary for personal hygiene.	1.1	Outline why bathing or showering is part of a regular personal routine.
		1.2	Give examples of situations when bathing or showering is needed more often than once a day.
2.	Know the advantages of using toilet products.	2.1	Give examples of the advantages of using toilet products.
		2.2	List products chosen for their personal use.
		2.3	Produce a price list of at least four toilet products used regularly.
3.	Understand the need for regular changes of clothes.	3.1	Show on a chart that they have a routine for changing underwear, nightwear and outer garments.
		3.2	State why clothes should be changed and washed or cleaned regularly.

**Assessment Guidance:**

NA

**Additional Information:**

NA