

**Unit Title:** Setting Goals For Personal Development  
**Unit Level:** Entry 3  
**Unit Credit Value:** 3  
**GLH:** 30  
**LASER Unit Code:** WJC781  
**Ofqual Unit Code:** Y/506/0580

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know how own personal attributes have affected current situation to date.	1.1	Give an example of a personal achievement that has affected own current situation.
		1.2	Give an example of a skill that has affected own current situation.
		1.3	Identify a personal interest that has affected own current situation.
2.	Know about information resources relevant to future opportunities.	2.1	Give examples of future opportunities for self in one aspect of own life.
		2.2	State where further information about future opportunities can be found.
3.	Know how to set personal goals.	3.1	State goals for the future.
		3.2	Identify the most realistic goal and state why it was chosen.
4.	Understand the practical implications of pursuing personal goals.	4.1	Identify steps to be taken to achieve a personal goal.
		4.2	Give an example of a timetable of action to achieve a personal goal.
		4.3	State factors which may affect progress.
		4.4	Identify sources of help in achieving goal.

<b>Assessment Guidance:</b>
-----------------------------

NA
----

<b>Additional Information:</b>
--------------------------------

NA
----