

Unit Title: Alcohol Awareness For The Individual
Unit Level: Level 1
Unit Credit Value: 3
GLH: 27
LASER Unit Code: WJC729
Ofqual Unit Code: T/506/0585

This unit has 7 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know about differences in unit strengths.	1.1	State the unit strength of at least four alcoholic drinks.
2.	Know the possible causes of alcohol misuse.	2.1	Identify reasons why people may misuse alcohol.
3.	Know some of the physical and psychological effects of alcohol misuse.	3.1	List some psychological and physical effects of alcohol misuse.
4.	Understand the effects that alcohol misuse can have on others.	4.1	State at least one effect that alcohol misuse can have on each of the following: family, friends, society.
5.	Understand the health issues associated with alcohol misuse.	5.1	Identify ways in which alcohol misuse can impact on health.
6.	Understand the effects of withdrawing from alcohol.	6.1	Identify the effects of withdrawing from alcohol.
7.	Know some of the agencies offering help and information about alcohol misuse.	7.1	Identify sources of help and information in relation to alcohol abuse.

Assessment Guidance:

NA

Additional Information:

NA
