

Unit Title: Taking Part In Sport
Unit Level: Entry 3
Unit Credit Value: 3
GLH: 30
LASER Unit Code: WJC702
Ofqual Unit Code: R/506/0951

This unit has 3 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Be able to take part in team sports.	1.1	Take part in team sports by: <ul style="list-style-type: none"> • dressing appropriately for the team sport • being a team player • following the rules of the team sport • using skills and techniques in different team sports • using sports equipment in different team sports • demonstrating safe practice.
2.	Be able to take part in individual sports.	2.1	Take part in individual sports by: <ul style="list-style-type: none"> • dressing appropriately for the individual sport • following the rules of the individual sport • using skills and techniques in different individual sports • using sports equipment in different individual sports • demonstrating safe practice.
3.	Know how to review own performance.	3.1	Identify own strengths when participating in sport.
		3.2	Identify areas for improvement.

Assessment Guidance:

NA

Additional Information:

NA