

**Unit Title:** Basic Cooking  
**Unit Level:** Entry 3  
**Unit Credit Value:** 2  
**GLH:** 20  
**LASER Unit Code:** WJC689  
**Ofqual Unit Code:** R/506/0805

This unit has 1 learning outcome.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Be able to cook basic food items and dishes.	1.1	Select the correct ingredients for two basic dishes.
		1.2	Choose the correct equipment and handle safely and hygienically.
		1.3	Cook three food items safely and hygienically.
		1.4	Clean work areas and equipment safely and hygienically during and after cooking.
		1.5	Identify what went well and suggest any improvements.

<b>Assessment Guidance:</b>
NA

<b>Additional Information:</b>
NA