

Unit Title: Understanding The Issue Of Obesity
Unit Level: Level 1
Unit Credit Value: 2
GLH: 18
LASER Unit Code: WJC677
Ofqual Unit Code: R/506/0643

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand what obesity is.	1.1	Define what is meant by the term 'obesity'.
		1.2	State the criteria used to identify whether an individual is obese.
2.	Understand what causes obesity in the individual.	2.1	Outline the causes of obesity in the individual.
3.	Understand what the common health consequences of obesity are.	3.1	State the common health consequences of obesity.
4.	Understand how the food industry can play a role in reducing obesity.	4.1	Give two examples of ways in which the food industry can play a role in reducing obesity.

Assessment Guidance:

NA

Additional Information:

NA
