

**Unit Title:** Developing Personal Learning Skills  
**Unit Level:** Level 1  
**Unit Credit Value:** 6  
**GLH:** 54  
**LASER Unit Code:** WJC527  
**Ofqual Unit Code:** K/506/0759

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand aspects of the brain in relation to learning.	1.1	Identify and list at least three facts about the brain in relation to learning.
		1.2	State how each is relevant to his/her learning.
2.	Understand how learning takes place.	2.1	Outline how s/he has learnt something and say how it worked.
		2.2	Identify and list the best ways for him/her to learn.
3.	Know his/her own learning profile.	3.1	List different learning styles.
		3.2	Identify and outline own preferred learning style.
		3.3	List strategies for learning more effectively.
4.	Be able to make plans to aid learning.	4.1	Identify, plan and undertake two learning tasks.
		4.2	Set realistic targets to achieve in each learning task.
		4.3	Record own learning and state how the targets are being met.
		4.4	Outline how the learning took place.

**Assessment Guidance:**

NA

**Additional Information:**

NA