

**Unit Title:** Lubricating And Tensioning A Single Speed Cycle Chain  
**Unit Level:** Entry 3  
**Unit Credit Value:** 1  
**GLH:** 5  
**LASER Unit Code:** WJC481  
**Ofqual Unit Code:** J/506/0865

This unit has 3 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Be able to work efficiently and safely when lubricating and tensioning the chain of a single speed cycle.	1.1	Use appropriate Personal Protective Equipment and safety methods when lubricating and tensioning a single speed cycle chain.
		1.2	Safely handle and dispose of used chains.
		1.3	Safely handle and support a cycle when lubricating and tensioning the chain of a single speed cycle.
		1.4	Identify the people that must be informed of the progress of the work being undertaken.
2.	Know how cycle chains function.	2.1	List the components which are relevant to the lubrication and tensioning of a single speed cycle chain.
		2.2	State the basic function of: a) chain b) chain tension c) chain lubrication.
3.	Be able to carry out the lubrication and tensioning of a single speed chain.	3.1	Use the equipment required to carry out lubrication and tensioning of a single speed cycle chain.
		3.2	Lubricate a single speed cycle chain.
		3.3	Demonstrate the tensioning of a single speed cycle chain.
		3.4	Undo and tighten fasteners associated with tensioning of a single speed cycle chain.
		3.5	Identify cosmetic damage of cycle components and inform the relevant person.

**Assessment Guidance:**

NA

**Additional Information:**

NA