Unit Title: **Setting Targets**
Unit Level: **Entry 3**
Unit Credit Value: **3**
GLH: **30**
LASER Unit Code: **WJC411**
Ofqual Unit Code: **H/506/0582**

This unit has 3 learning outcomes.

LEARNING OUTCOMES		**ASSESSMENT CRITERIA**	
The learner will:		**The learner can:**	
1.	Know the purpose of targets.	1.1	Outline how target-setting can help in planning to meet and monitoring progress towards a longer-term goal or aspiration.
2.	Be able to identify targets for him/herself.	2.1	Identify targets which address skills or knowledge which they need to develop.
		2.2	State how these targets relate to their aspirations for the future.
3.	Know how to achieve their own targets.	3.1	Outline the skills or knowledge they need to develop to achieve each of their targets.
		3.2	Outline how they plan to work towards achieving each target.
		3.3	Give reasons why these targets are important to achieve.

Assessment Guidance:
NA

Additional Information:
NA