

**Unit Title:** Participating In Leisure Activities  
**Unit Level:** Entry 3  
**Unit Credit Value:** 3  
**GLH:** 30  
**LASER Unit Code:** WJC384  
**Ofqual Unit Code:** F/506/0945

This unit has 5 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand local leisure activities and how to access them.	1.1	Identify at least three locally based leisure activities.
		1.2	Collect information on how to gain access to three local leisure activities.
2.	Know about local leisure activities.	2.1	Identify any costs involved in participating in three local leisure activities.
		2.2	List any special equipment and/or clothing requirements for the above three local leisure activities.
3.	Be able to undertake local leisure activities.	3.1	Take part in three local leisure activities.
4.	Know about benefits of participating in leisure activities.	4.1	List at least two benefits for three different leisure activities.
		4.2	State which activity they liked best.
5.	Know about Health and Safety issues related to selected leisure activities.	5.1	Identify key personal Health and Safety issues relating to three local leisure activities selected in 1.1.
		5.2	Identify general Health and Safety issues related to three local leisure activities selected in 1.1.

**Assessment Guidance:**

NA

**Additional Information:**

NA