

**Unit Title:** Improving Assertiveness And Decision Making  
**Unit Level:** Level 1  
**Unit Credit Value:** 3  
**GLH:** 27  
**LASER Unit Code:** WJC356  
**Ofqual Unit Code:** F/506/0573

This unit has 5 learning outcomes.

| LEARNING OUTCOMES |   | ASSESSMENT CRITERIA |  |
|-------------------|---|---------------------|--|
| The learner will: |   | The learner can:    |  |
| 1.                | Be able to be assertive.  | 1.1                 | Demonstrate being assertive in a structured and supported situation through role play.     |
| 2.                | Be able to make decisions and choices.                                      | 2.1                 | Demonstrate making decisions and choices through role play.                                |
| 3.                | Be able to recognise rights and responsibilities of self and others.        | 3.1                 | Demonstrate own rights and responsibilities and the rights and responsibilities of others. |
| 4.                | Be able to negotiate to achieve a desired outcome.                          | 4.1                 | Demonstrate how effective negotiation can be used to achieve a desired outcome.            |
| 5.                | Understand the implications and benefits of self-control and assertiveness. | 5.1                 | Identify situations in which assertiveness can be used to achieve the desired outcome.     |
|                   |   | 5.2                 | List the benefits of being assertive.  |

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| <b>Assessment Guidance:</b> |
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| <b>Additional Information:</b> |
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