

Unit Title: Setting Goals For Personal Development
Unit Level: Level 1
Unit Credit Value: 3
GLH: 27
LASER Unit Code: WJC306
Ofqual Unit Code: D/506/0581

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand how own personal attributes have affected current situation to date.	1.1	Outline how one of own significant achievement was accomplished.
		1.2	Outline how one of own skills was learned.
		1.3	Outline how one of own interests is pursued.
		1.4	Describe how the above attributes are relevant to own current situation.
2.	Know how to use information resources to identify a range of opportunities.	2.1	Describe different sources of help or information.
		2.2	List types of relevant opportunities.
3.	Know how to set personal goals.	3.1	Describe some possible future goals.
		3.2	Select a goal.
		3.3	Outline why the selected goal most closely matches personal attributes and aspirations.
4.	Understand the practical implications of pursuing personal goals.	4.1	Identify key steps to be taken to achieve personal goals.
		4.2	Compile a detailed checklist of actions to be undertaken towards the achievement of personal goals.
		4.3	List in order of importance factors, which may affect progress in achieving selected goals.
		4.4	Identify sources of help for the most important of the factors listed above.

Assessment Guidance:

NA

Additional Information:

NA
