

Unit Title: Alcohol Awareness For The Individual
Unit Level: Level 2
Unit Credit Value: 3
GLH: 24
LASER Unit Code: WJC253
Ofqual Unit Code: A/506/0586

This unit has 7 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know about differences in unit strengths.	1.1	Describe the unit strength of a range of alcoholic drinks.
2.	Understand possible causes of alcohol misuse.	2.1	Describe possible reasons as to why people may misuse alcohol.
3.	Understand some of the psychological effects of alcohol misuse.	3.1	Describe psychological effects of alcohol misuse.
4.	Know the effects that alcohol use may have on others.	4.1	Describe the effects that alcohol misuse may have on family, friends and society.
5.	Understand some of the health issues associated with alcohol misuse.	5.1	Explain some of the effects of alcohol misuse on physical and emotional health.
6.	Understand the effects of withdrawing from alcohol.	6.1	Describe the physical and emotional effects of withdrawing from alcohol.
7.	Know some of the agencies that offer help and information on alcohol misuse.	7.1	List sources of help and information on alcohol misuse and describe the key differences between them.

Assessment Guidance:

NA

Additional Information:

NA
