

**Unit Title:** Physical Education: Gymnastic Activities  
**Unit Level:** Entry 2  
**Unit Credit Value:** 3  
**GLH:** 30  
**LASER Unit Code:** WJB213  
**Ofqual Unit Code:** L/503/4719

This unit has 3 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Be able to plan a sequence.	1.1	Plan a sequence using, for example: <ul style="list-style-type: none"> <li>• variety in the use of levels</li> <li>• awareness of space</li> <li>• flow.</li> </ul>
2.	Be able to demonstrate a sequence.	2.1	Perform the sequence on: <ul style="list-style-type: none"> <li>• floor</li> <li>• apparatus.</li> </ul>
3.	Be able to review performance.	3.1	Identify own strengths when performing a sequence.
		3.2	Identify ways in which own performance could be improved.

<b>Assessment Guidance:</b>
NA

<b>Additional Information:</b>
NA