

Unit Title: Coping With Change
Unit Level: 1
Unit Credit Value: 1
GLH: 6
LASER Unit Code: WJB118
Ofqual Unit Code: T/502/3598

This unit has 2 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand why change can happen in the place of work.	1.1	Give an example of the different types of change that can happen in the place of work for each of the following: a. Planned change b. Unplanned change
		1.2	Give 3 examples of why change happens in the place of work.
2.	Understand people's reactions to change and know about the tools/methods that might help them and others cope with change.	2.1	Identify the different stages within a change process.
		2.2	Give 2 examples of how people might react to change at different points within the process.
		2.3	Give 2 examples of tools or methods which might help them or others cope with change.

Assessment Guidance:
NA

Additional Information:
NA