

Unit Title: Make A Simple Meal
Unit Level: Entry 2
Unit Credit Value: 3
GLH: 30
LASER Unit Code: CAL143
Ofqual Unit Code: Y/600/6223

This unit has 6 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know basic hygiene rules of the kitchen.	1.1	Wash hands before food preparation.
		1.2	Maintain personal cleanliness.
		1.3	Assist in maintaining a clean working environment.
2.	Be able to select ingredients to make a meal.	2.1	Identify ingredients to make a simple meal.
3.	Be able to prepare ingredients.	3.1	Prepare two different ingredients.
4.	Know how to use utensils safely.	4.1	Use two different utensils safely.
		5.1	Use a cooker with help for two different purposes.
		5.2	Identify two rules for safe use of a cooker.
5.	Know how to use a cooker safely.	5.3	Identify two cooking hazards.
		6.1	Identify crockery and cutlery for serving a meal.
6.	Be able to serve a meal.	6.2	Assist in serving a meal.

Assessment Guidance:

As an E2 unit it is expected that the learner may require some assistance in the form of prompts for the assessment. Practical tasks may be in a simulated environment.

Additional Information:

NA