

Unit Title: Make A Simple Meal
Unit Level: Entry 1
Unit Credit Value: 3
GLH: 30
LASER Unit Code: CAL142
Ofqual Unit Code: R/600/6222

This unit has 6 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know basic hygiene rules of the kitchen.	1.1	Wash hands before food preparation.
		1.2	Assist in maintaining a clean working environment.
2.	Be able to select ingredients to make a meal.	2.1	Participate in an activity to identify ingredients.
3.	Be able to prepare ingredients.	3.1	Follow instructions to prepare an ingredient.
4.	Know how to use utensils safely.	4.1	Identify how to use a utensil safely.
		4.2	Use a utensil.
5.	Know how to use a cooker safely.	5.1	Follow instructions to use a cooker for a defined purpose.
		5.2	State a safety rule when using a cooker.
6.	Be able to serve a meal.	6.1	Assist in serving a meal.

Assessment Guidance:

As an E1 unit it is expected that the learner may require some support and prompting when doing the assessment but will be able to provide meaningful and appropriate responses to the tasks. The unit is only assessed at the application stage of the continuum.

Additional Information:

NA