

**Unit Title:** Personal Safety  
**Unit Level:** Entry 3  
**Unit Credit Value:** 3  
**GLH:** 30  
**LASER Unit Code:** CAL101  
**Ofqual Unit Code:** H/600/6306

This unit has 4 learning outcomes.

| LEARNING OUTCOMES |   | ASSESSMENT CRITERIA |   |
|-------------------|---|---------------------|---|
| The learner will: |   | The learner can:    |   |
| 1.                | Know how to stay safe at home.                | 1.1                 | Identify potential risks to the home.                     |
|                   |   | 1.2                 | Identify three ways of protecting the home.               |
| 2.                | Know how to stay safe from other's behaviour. | 2.1                 | Identify situations that pose a risk to self.             |
|                   |   | 2.2                 | Identify possible strategies to prevent these situations. |
|                   |   | 2.3                 | Identify a strategy for dealing with such a situation.    |
| 3.                | Know basic emergency aid techniques.          | 3.1                 | Identify three emergency situations.                      |
|                   |   | 3.2                 | Describe what needs to be done in emergency situations.   |
|                   |   | 3.3                 | Identify emergency contacts.                              |
|                   |   | 3.4                 | Simulate the making of a 999 telephone call.              |
| 4.                | Know familiar health and safety signs.        | 4.1                 | Identify three health and safety signs.                   |

**Assessment Guidance:**

As an E3 level unit it is expected that the learner for the majority of the assessment will be acting independently with any support being minimal. Practical tasks should normally be in a real environment.

**Additional Information:**

NA