

Unit Title: Personal Care And Hygiene
Unit Level: Entry 3
Unit Credit Value: 3
GLH: 30
LASER Unit Code: CAL092
Ofqual Unit Code: K/600/6291

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand the need for personal hygiene.	1.1	Identify why bathing or showering is part of a regular personal routine.
		1.2	Identify another personal hygiene routine and when it might be used.
2.	Know the uses of toiletry products.	2.1	Identify products for personal use.
		2.2	Identify examples of when toiletry products are used.
3.	Recognise the need for regular changes of clothes.	3.1	Identify a routine for changing different clothes.
		3.2	Identify why clothes should be changed and washed or cleaned regularly.
4.	Know the importance of oral health.	4.1	Identify why oral health is important.
		4.2	Give examples of advantages of using oral health products.
		4.3	Identify when and how teeth should be cleaned.

Assessment Guidance:

As an E3 level unit it is expected that the learner for the majority of the assessment will be acting independently with any support being minimal. Practical tasks should normally be in a real environment.

Additional Information:

NA