

Unit Title: Personal Care And Hygiene
Unit Level: Entry 2
Unit Credit Value: 3
GLH: 30
LASER Unit Code: CAL091
Ofqual Unit Code: H/600/6290

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand the need for personal hygiene.	1.1	Identify why bathing or showering is part of a regular personal routine.
		1.2	Identify other personal hygiene routines.
2.	Know the uses of toiletry products.	2.1	Identify two examples of toiletry products.
		2.2	Select two items for personal use.
3.	Recognise the need for regular changes of clothes.	3.1	Identify why clothes should be changed and washed regularly.
		3.2	Identify a routine for changing underwear.
4.	Know the importance of oral health.	4.1	Identify why oral health is important.
		4.2	Give two examples of oral care products.
		4.3	Identify when and how teeth should be cleaned.

Assessment Guidance:

As an E2 unit it is expected that the learner may require some assistance in the form of prompts for the assessment. Practical tasks may be in a simulated environment.

Additional Information:

NA