

Unit Title: Personal Care And Hygiene
Unit Level: Entry 1
Unit Credit Value: 3
GLH: 30
LASER Unit Code: CAL090
Ofqual Unit Code: M/600/6289

This unit has 4 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand the need for personal hygiene.	1.1	Identify why bathing or showering is part of a regular personal routine.
2.	Know the uses of toiletry products.	2.1	Identify an example of a toiletry product.
		2.2	Select an item from given products for personal use.
3.	Recognise the need for regular changes of clothes.	3.1	Identify why clothes should be changed and washed regularly.
4.	Know the importance of oral health.	4.1	Identify why oral health is important.
		4.2	Select an item from given products for personal use.
		4.3	Identify when and how teeth should be cleaned.

Assessment Guidance:

As an E1 unit it is expected that the learner may require some support and prompting when doing the assessment but will be able to provide meaningful and appropriate responses to the tasks. The unit is only assessed at the application stage of the continuum.

Additional Information:

NA