

Unit Title: Developing Independent Living Skills:
Being Healthy
Unit Level: Entry 1
Unit Credit Value: 2
GLH: 20
LASER Unit Code: CAI221
Ofqual Unit Code: A/502/4168

This unit has 1 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Be involved in keeping themselves healthy.	1.1	Take part in activities that contribute to keeping themselves healthy.

Assessment guidance mandatory if completed	All assessments of this unit must make use of the Entry 1 achievement continuum. Judgements should be recorded on the Entry 1 learner transcript and indicate the stage on the continuum at which the learner has achieved the learning outcomes. The Entry 1 guidance, including the achievement continuum, is available on the QCA website.
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