# LASER Entry Level Certificate in Independent Living (Looking After Yourself and Your Home) (Entry 2)

**Rules of Combination**

To achieve the LASER Entry Level Certificate in Independent Living (Endorsed Pathway) (Entry 2), learners must achieve a minimum of 14 credits. 1 credit must be taken from the Mandatory Unit - Independent Living. The 13 remaining credits must be taken from one of the pathway groups (A or B). The choice of pathway will determine the endorsement of the qualification. Within the chosen pathway, 1 credit must be taken from the Mandatory Unit. A minimum of 3 credits must be taken from each of PG1-4. The learner must achieve a minimum of 8 credits at Entry 2. Units with the same title at different Entry Levels are not allowed. It is important to note that learners cannot mix and match units across Pathways.

## Mandatory group

| Unit title | LASER Unit code | Ofqual Unit code | Credit value | Unit level | Unit category | |
|---|---|---|---|---|---|---|
| Independent Living | CAK957 | T/600/6147 | 1 | E2 | Skills for Independent Living | View unit |
| Looking after Yourself and Your Home | CAK986 | H/600/6208 | 1 | E2 | Skills for Independent Living | View unit |

## PG1 = Household Skills

| Unit title | LASER Unit code | Ofqual Unit code | Credit value | Unit level | Unit category | |
|---|---|---|---|---|---|---|
| Basic Cooking Techniques | CAL080 | J/600/6198 | 3 | E1 | Food and Drink | View unit |
| Basic Cooking Techniques | CAL083 | L/600/6199 | 3 | E2 | Food and Drink | View unit |
| Basic Cooking Techniques | CAL084 | T/600/6200 | 3 | E3 | Food and Drink | View unit |
| Everyday Food and Drink Preparation | CAL087 | L/600/6204 | 3 | E1 | Food and Drink | View unit |
| Everyday Food and Drink Preparation | CAL088 | R/600/6205 | 3 | E2 | Food and Drink | View unit |
| Everyday Food and Drink Preparation | CAL118 | Y/600/6206 | 3 | E3 | Food and Drink | View unit |
| Food Safety and Storage | CAL119 | K/600/6209 | 3 | E1 | Food and Drink, Food Safety | View unit |
| Food Safety and Storage | CAL120 | D/600/6210 | 3 | E2 | Food and Drink, Food Safety | View unit |
| Food Safety and Storage | CAL121 | H/600/6211 | 3 | E3 | Food Safety, Food and Drink | View unit |
| Household Cleaning | CAL122 | K/600/6212 | 3 | E1 | Skills for Independent Living | View unit |
| Household Cleaning | CAL123 | M/600/6213 | 3 | E2 | Skills for Independent Living | View unit |
| Household Cleaning | CAL124 | T/600/6214 | 3 | E3 | Skills for Independent Living | View unit |
| Household Expenses | CAL125 | A/600/6215 | 3 | E1 | Money Management | View unit |
| Household Expenses | CAL126 | F/600/6216 | 3 | E2 | Money Management | View unit |
| Household Expenses | CAL128 | J/600/6217 | 3 | E3 | Money Management | View unit |
| Household Shopping | CAL130 | L/600/6218 | 3 | E1 | Skills for Independent Living | View unit |
| Household Shopping | CAL135 | R/600/6219 | 3 | E2 | Skills for Independent Living | View unit |

| Unit title | LASER Unit code | Ofqual Unit code | Credit value | Unit level | Unit category | |
|---|---|---|---|---|---|---|
| Household Shopping | CAL137 | L/600/6221 | 3 | E3 | Skills for Independent Living | View unit |
| Kitchen Hygiene | CAL139 | A/600/6201 | 1 | E1 | Food and Drink | View unit |
| Kitchen Hygiene | CAL140 | F/600/6202 | 1 | E2 | Food and Drink | View unit |
| Kitchen Hygiene | CAL141 | J/600/6203 | 1 | E3 | Food and Drink | View unit |
| Make a Simple Meal | CAL142 | R/600/6222 | 3 | E1 | Skills for Independent Living | View unit |
| Make a Simple Meal | CAL143 | Y/600/6223 | 3 | E2 | Skills for Independent Living | View unit |
| Make a Simple Meal | CAL144 | D/600/6224 | 3 | E3 | Skills for Independent Living | View unit |
| Recycling, Managing Waste | CAL146 | H/600/6225 | 2 | E1 | Environment and Conservation, Recycling | View unit |
| Recycling, Managing Waste | CAL147 | K/600/6226 | 2 | E2 | Recycling, Environment and Conservation | View unit |
| Recycling, Managing Waste | CAL149 | M/600/6227 | 2 | E3 | Environment and Conservation, Recycling | View unit |
| Using Domestic Appliances | WJF528 | M/507/2265 | 2 | E1 | Skills for Independent Living | View unit |
| Using Domestic Appliances | CAL154 | T/600/6228 | 2 | E2 | Skills for Independent Living | View unit |
| Using Domestic Appliances | CAL155 | A/600/6229 | 2 | E3 | Skills for Independent Living | View unit |

## PG2 = Learning Skills

| Unit title | LASER Unit code | Ofqual Unit code | Credit value | Unit level | Unit category | |
|---|---|---|---|---|---|---|
| Discussion Skills | WJF496 | F/507/6367 | 2 | E1 | Personal Development | View unit |
| Discussion Skills | WJB227 | D/504/3442 | 2 | E2 | Personal Development | View unit |
| Discussion Skills | WJF497 | T/504/3494 | 2 | E3 | Personal Development | View unit |
| Introduction To Whole Numbers | WJF500 | F/507/6546 | 1 | E1 | Mathematics, Data and Statistics | View unit |
| Introduction To Whole Numbers | WJB238 | Y/503/3461 | 1 | E2 | Mathematics, Data and Statistics | View unit |
| Introduction To Whole Numbers | WJF501 | D/503/3462 | 1 | E3 | Mathematics, Data and Statistics | View unit |
| Measure: Weight | WJF506 | L/507/6372 | 1 | E1 | Mathematics, Data and Statistics | View unit |
| Measure: Weight | WJF507 | T/507/6463 | 1 | E2 | Mathematics, Data and Statistics | View unit |
| Measure: Weight | WJC805 | Y/506/0921 | 1 | E3 | Mathematics, Data and Statistics | View unit |
| Preparing To Write | WJF510 | Y/507/6374 | 3 | E1 | Literacy | View unit |
| Preparing to Write | WJB247 | L/504/3517 | 3 | E2 | Literacy | View unit |
| Preparing To Write | WJF511 | K/504/3444 | 3 | E3 | Literacy | View unit |
| Reading For A Purpose | WJF512 | D/507/6375 | 3 | E1 | Literacy | View unit |
| Reading for a Purpose | WJB248 | F/504/3479 | 3 | E2 | Literacy | View unit |

| Unit title | LASER Unit code | Ofqual Unit code | Credit value | Unit level | Unit category | |
|---|---|---|---|---|---|---|
| Reading For A Purpose | WJF513 | J/504/3502 | 3 | E3 | Literacy | View unit |
| Reading For Information | WJF514 | J/504/3449 | 2 | E1 | Literacy | View unit |
| Reading for Information | WJB249 | A/504/3500 | 3 | E2 | Literacy | View unit |
| Reading For Information | WJF515 | R/504/3518 | 3 | E3 | Literacy | View unit |
| Reading Graphical Material | WJF516 | H/507/6376 | 1 | E1 | Mathematics, Data and Statistics | View unit |
| Reading Graphical Material | WJB250 | T/504/3480 | 2 | E2 | Mathematics, Data and Statistics | View unit |
| Reading Graphical Material | WJF517 | F/504/3482 | 1 | E3 | Mathematics, Data and Statistics | View unit |
| Strategies for Reading | WJF520 | D/504/3506 | 3 | E1 | Literacy | View unit |
| Strategies for Reading | WJB262 | F/504/3465 | 2 | E2 | Literacy | View unit |
| Strategies for Reading | WJF521 | A/504/3481 | 2 | E3 | Literacy | View unit |
| Using Fractions | WJF529 | K/507/6377 | 2 | E1 | Mathematics, Data and Statistics | View unit |
| Using Fractions | WJB270 | D/504/3523 | 2 | E2 | Mathematics, Data and Statistics | View unit |
| Using Fractions | WJF530 | J/507/6693 | 2 | E3 | Preparation for Work | View unit |
| Using Money | WJF533 | A/504/3478 | 3 | E1 | Money Management | View unit |
| Using Money | WJB272 | L/504/3453 | 2 | E2 | Money Management | View unit |
| Using Money | WJF534 | M/504/3512 | 2 | E3 | Money Management | View unit |
| Using Shape | WJF539 | R/504/3471 | 3 | E1 | Mathematics, Data and Statistics | View unit |
| Using Shape | WJB273 | H/504/3460 | 2 | E2 | Mathematics, Data and Statistics | View unit |
| Using Shape | WJF540 | L/504/3467 | 2 | E3 | Mathematics, Data and Statistics | View unit |
| Using Time | WJF541 | R/504/3499 | 2 | E1 | Mathematics, Data and Statistics | View unit |
| Using Time | WJB274 | J/504/3466 | 1 | E2 | Mathematics, Data and Statistics | View unit |
| Using Time | WJF542 | Y/504/3536 | 1 | E3 | Mathematics, Data and Statistics | View unit |
| Using Whole Numbers | WJF543 | D/507/6540 | 3 | E1 | Mathematics, Data and Statistics | View unit |
| Using Whole Numbers | WJF544 | T/507/6544 | 3 | E2 | Mathematics, Data and Statistics | View unit |
| Using Whole Numbers | WJF545 | A/507/6545 | 3 | E3 | Mathematics, Data and Statistics | View unit |
| Working With Fractions | WJF548 | L/507/6694 | 2 | E1 | Mathematics, Data and Statistics | View unit |
| Working with Fractions | WJB281 | Y/503/3475 | 2 | E2 | Mathematics, Data and Statistics | View unit |

| Unit title | LASER Unit code | Ofqual Unit code | Credit value | Unit level | Unit category | |
|---|---|---|---|---|---|---|
| Working With Fractions | WJF549 | D/503/3476 | 2 | E3 | Mathematics, Data and Statistics | View unit |
| Working With Measures | WJF550 | M/507/6381 | 3 | E1 | Mathematics, Data and Statistics | View unit |
| Working with Measures | WJB282 | A/503/3470 | 3 | E2 | Mathematics, Data and Statistics | View unit |
| Working With Measures | WJF551 | J/503/3469 | 3 | E3 | Mathematics, Data and Statistics | View unit |
| Writing With Meaning | WJF554 | T/507/6382 | 3 | E1 | Literacy | View unit |
| Writing with Meaning | WJB283 | Y/504/3441 | 3 | E2 | Literacy | View unit |
| Writing With Meaning | WJF555 | F/507/6384 | 3 | E3 | Literacy | View unit |

## PG3 = Personal Care

| Unit title | LASER Unit code | Ofqual Unit code | Credit value | Unit level | Unit category | |
|---|---|---|---|---|---|---|
| Choosing Clothing and Footwear | CAL046 | J/600/6251 | 2 | E1 | Skills for Independent Living | View unit |
| Choosing Clothing and Footwear | CAL053 | L/600/6252 | 2 | E2 | Skills for Independent Living | View unit |
| Choosing Clothing and Footwear | CAL058 | R/600/6253 | 2 | E3 | Skills for Independent Living | View unit |
| Drug and Alcohol Awareness | CAL061 | T/600/6259 | 2 | E1 | Alcohol and Drugs Awareness, Health and Wellbeing | View unit |
| Drug and Alcohol Awareness | CAL065 | K/600/6260 | 2 | E2 | Alcohol and Drugs Awareness, Health and Wellbeing | View unit |
| Drug and Alcohol Awareness | CAL070 | M/600/6261 | 2 | E3 | Alcohol and Drugs Awareness, Health and Wellbeing | View unit |
| Eating a Balanced Diet | CAL072 | T/600/6262 | 3 | E1 | Nutrition, Health and Wellbeing | View unit |
| Eating a Balanced Diet | CAL075 | A/600/6263 | 3 | E2 | Health and Wellbeing, Nutrition | View unit |
| Eating a Balanced Diet | CAL077 | F/600/6264 | 3 | E3 | Nutrition, Health and Wellbeing | View unit |
| Health and Fitness | CAL079 | Y/600/6268 | 3 | E1 | Fitness, Sport, Leisure and Recreation | View unit |
| Health and Fitness | CAL082 | R/600/6267 | 3 | E2 | Fitness, Sport, Leisure and Recreation | View unit |
| Health and Fitness | BZX551 | A/501/5194 | 3 | E3 | Fitness, Sport, Leisure and Recreation | View unit |
| Looking after Clothes | CAL085 | R/600/6270 | 3 | E1 | Skills for Independent Living | View unit |
| Looking after Clothes | CAL086 | D/600/6272 | 3 | E2 | Skills for Independent Living | View unit |
| Looking after Clothes | CAL089 | R/600/6284 | 3 | E3 | Skills for Independent Living | View unit |
| Personal Care and Hygiene | CAL090 | M/600/6289 | 3 | E1 | Health and Wellbeing | View unit |

| Unit title | LASER Unit code | Ofqual Unit code | Credit value | Unit level | Unit category | |
|---|---|---|---|---|---|---|
| Personal Care and Hygiene | CAL091 | H/600/6290 | 3 | E2 | Health and Wellbeing | View unit |
| Personal Care and Hygiene | CAL092 | K/600/6291 | 3 | E3 | Health and Wellbeing | View unit |
| Personal Health | CAL093 | A/600/6294 | 3 | E1 | Health and Wellbeing | View unit |
| Personal Health | CAL094 | F/600/6295 | 3 | E2 | Health and Wellbeing | View unit |
| Personal Health | CAL095 | L/600/6297 | 3 | E3 | Health and Wellbeing | View unit |
| Personal Presentation | CAL096 | M/600/6308 | 3 | E1 | Health and Wellbeing | View unit |
| Personal Presentation | CAL097 | T/600/6309 | 3 | E2 | Health and Wellbeing | View unit |
| Personal Presentation | CAL098 | M/600/6311 | 3 | E3 | Health and Wellbeing | View unit |
| Personal Safety | CAL099 | Y/600/6304 | 3 | E1 | Skills for Independent Living | View unit |
| Personal Safety | CAL100 | D/600/6305 | 3 | E2 | Skills for Independent Living | View unit |
| Personal Safety | CAL101 | H/600/6306 | 3 | E3 | Skills for Independent Living | View unit |

## PG4 = Personal Development

| Unit title | LASER Unit code | Ofqual Unit code | Credit value | Unit level | Unit category | |
|---|---|---|---|---|---|---|
| Developing Assertiveness | CAK940 | J/600/6475 | 2 | E1 | Personal Development | View unit |
| Developing Assertiveness | CAK941 | Y/600/6478 | 2 | E2 | Personal Development | View unit |
| Developing Assertiveness | CAK942 | Y/600/6481 | 2 | E3 | Personal Development | View unit |
| Making Choices | CAK943 | M/600/6485 | 1 | E1 | Personal Development | View unit |
| Making Choices | CAK944 | T/600/6486 | 1 | E2 | Personal Development | View unit |
| Making Choices | CAK945 | A/600/6487 | 1 | E3 | Personal Development | View unit |
| Personal Awareness | CAK946 | A/600/6490 | 2 | E1 | Personal Development | View unit |
| Personal Awareness | CAK947 | F/600/6491 | 2 | E2 | Personal Development | View unit |
| Personal Awareness | CAK948 | L/600/6493 | 2 | E3 | Personal Development | View unit |
| Self Advocacy | CAK949 | Y/600/6495 | 3 | E1 | Personal Development | View unit |
| Self Advocacy | CAK950 | H/600/6497 | 3 | E2 | Personal Development | View unit |
| Self Advocacy | CAK951 | M/600/6499 | 3 | E3 | Personal Development | View unit |
| Understanding Relationships | CAK952 | D/600/6501 | 2 | E1 | Relationships | View unit |
| Understanding Relationships | CAK953 | K/600/6503 | 2 | E2 | Relationships | View unit |
| Understanding Relationships | CAK954 | T/600/6505 | 2 | E3 | Relationships | View unit |