LASER Entry Level Certificate in Independent Living (Looking After Yourself and Your Home) (Entry 1)

Rules of Combination

To achieve the LASER Entry Level Certificate in Independent Living (Endorsed Pathway) (Entry 1), learners must achieve a minimum of 14 credits. 1 credit must be taken from the Mandatory Unit - Independent Living. The 13 remaining credits must be taken from one of the pathway groups (A or B). The choice of pathway will determine the endorsement of the qualification. Within the chosen pathway, 1 credit must be taken from the Mandatory Unit. A minimum of 3 credits must be taken from each of PG1-4. The learner must achieve a minimum of 8 credits at Entry 1. Units with the same title at different Entry Levels are not allowed. It is important to note that learners cannot mix and match units across Pathways.

Mandatory group

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Independent Living	CAK956	M/600/6146	1	E1	Skills for Independent Living	View unit
Looking After Yourself And Your Home	CAK985	Y/600/6156	1	E1	Skills for Independent Living	View unit

PG1 = Household Skills

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Basic Cooking Techniques	CAL080	J/600/6198	3	E1	Food and Drink	View unit
Basic Cooking Techniques	CAL083	L/600/6199	3	E2	Food and Drink	View unit
Basic Cooking Techniques	CAL084	T/600/6200	3	E3	Food and Drink	View unit
Everyday Food and Drink Preparation	CAL087	L/600/6204	3	E1	Food and Drink	View unit
Everyday Food and Drink Preparation	CAL088	R/600/6205	3	E2	Food and Drink	View unit
Everyday Food and Drink Preparation	CAL118	Y/600/6206	3	E3	Food and Drink	View unit
Food Safety and Storage	CAL119	K/600/6209	3	E1	Food and Drink, Food Safety	View unit
Food Safety and Storage	CAL120	D/600/6210	3	E2	Food and Drink, Food Safety	View unit
Food Safety and Storage	CAL121	H/600/6211	3	E3	Food Safety, Food and Drink	View unit
Household Cleaning	CAL122	K/600/6212	3	E1	Skills for Independent Living	View unit
Household Cleaning	CAL123	M/600/6213	3	E2	Skills for Independent Living	View unit
Household Cleaning	CAL124	T/600/6214	3	E3	Skills for Independent Living	View unit
Household Expenses	CAL125	A/600/6215	3	E1	Money Management	View unit
Household Expenses	CAL126	F/600/6216	3	E2	Money Management	View unit
Household Expenses	CAL128	J/600/6217	3	E3	Money Management	View unit
Household Shopping	CAL130	L/600/6218	3	E1	Skills for Independent Living	View unit
Household Shopping	CAL135	R/600/6219	3	E2	Skills for Independent Living	View unit

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Household Shopping	CAL137	L/600/6221	3	E3	Skills for Independent Living	View unit
Kitchen Hygiene	CAL139	A/600/6201	1	E1	Food and Drink	View unit
Kitchen Hygiene	CAL140	F/600/6202	1	E2	Food and Drink	View unit
Kitchen Hygiene	CAL141	J/600/6203	1	E3	Food and Drink	View unit
Make a Simple Meal	CAL142	R/600/6222	3	E1	Skills for Independent Living	View unit
Make a Simple Meal	CAL143	Y/600/6223	3	E2	Skills for Independent Living	View unit
Make a Simple Meal	CAL144	D/600/6224	3	E3	Skills for Independent Living	View unit
Recycling, Managing Waste	CAL146	H/600/6225	2	E1	Environment and Conservation, Recycling	View unit
Recycling, Managing Waste	CAL147	K/600/6226	2	E2	Recycling, Environment and Conservation	View unit
Recycling, Managing Waste	CAL149	M/600/6227	2	E3	Environment and Conservation, Recycling	View unit
Using Domestic Appliances	WJF528	M/507/2265	2	E1	Skills for Independent Living	View unit
Using Domestic Appliances	CAL154	T/600/6228	2	E2	Skills for Independent Living	View unit
Using Domestic Appliances	CAL155	A/600/6229	2	E3	Skills for Independent Living	View unit

PG2 = Learning Skills

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Discussion Skills	WJF496	F/507/6367	2	E1	Personal Development	View unit
Discussion Skills	WJB227	D/504/3442	2	E2	Personal Development	View unit
Discussion Skills	WJF497	T/504/3494	2	E3	Personal Development	View unit
Introduction To Whole Numbers	WJF500	F/507/6546	1	E1	Mathematics, Data and Statistics	View unit
Introduction To Whole Numbers	WJB238	Y/503/3461	1	E2	Mathematics, Data and Statistics	View unit
Introduction To Whole Numbers	WJF501	D/503/3462	1	E3	Mathematics, Data and Statistics	View unit
Measure: Weight	WJF506	L/507/6372	1	E1	Mathematics, Data and Statistics	View unit
Measure: Weight	WJF507	T/507/6463	1	E2	Mathematics, Data and Statistics	View unit
Measure: Weight	WJC805	Y/506/0921	1	E3	Mathematics, Data and Statistics	View unit
Preparing To Write	WJF510	Y/507/6374	3	E1	Literacy	View unit
Preparing to Write	WJB247	L/504/3517	3	E2	Literacy	View unit
Preparing To Write	WJF511	K/504/3444	3	E3	Literacy	View unit
Reading For A Purpose	WJF512	D/507/6375	3	E1	Literacy	View unit
Reading for a Purpose	WJB248	F/504/3479	3	E2	Literacy	View unit

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Reading For A Purpose	WJF513	J/504/3502	3	E3	Literacy	View unit
Reading For Information	WJF514	J/504/3449	2	E1	Literacy	View unit
Reading for Information	WJB249	A/504/3500	3	E2	Literacy	View unit
Reading For Information	WJF515	R/504/3518	3	E3	Literacy	View unit
Reading Graphical Material	WJF516	H/507/6376	1	E1	Mathematics, Data and Statistics	View unit
Reading Graphical Material	WJB250	T/504/3480	2	E2	Mathematics, Data and Statistics	View unit
Reading Graphical Material	WJF517	F/504/3482	1	E3	Mathematics, Data and Statistics	View unit
Strategies for Reading	WJF520	D/504/3506	3	E1	Literacy	View unit
Strategies for Reading	WJB262	F/504/3465	2	E2	Literacy	View unit
Strategies for Reading	WJF521	A/504/3481	2	E3	Literacy	View unit
Using Fractions	WJF529	K/507/6377	2	E1	Mathematics, Data and Statistics	View unit
Using Fractions	WJB270	D/504/3523	2	E2	Mathematics, Data and Statistics	View unit
Using Fractions	WJF530	J/507/6693	2	E3	Preparation for Work	View unit
Using Money	WJF533	A/504/3478	3	E1	Money Management	View unit
Using Money	WJB272	L/504/3453	2	E2	Money Management	View unit
Using Money	WJF534	M/504/3512	2	E3	Money Management	View unit
Using Shape	WJF539	R/504/3471	3	E1	Mathematics, Data and Statistics	View unit
Using Shape	WJB273	H/504/3460	2	E2	Mathematics, Data and Statistics	View unit
Using Shape	WJF540	L/504/3467	2	E3	Mathematics, Data and Statistics	View unit
Using Time	WJF541	R/504/3499	2	E1	Mathematics, Data and Statistics	View unit
Using Time	WJB274	J/504/3466	1	E2	Mathematics, Data and Statistics	View unit
Using Time	WJF542	Y/504/3536	1	E3	Mathematics, Data and Statistics	View unit
Using Whole Numbers	WJF543	D/507/6540	3	E1	Mathematics, Data and Statistics	View unit
Using Whole Numbers	WJF544	T/507/6544	3	E2	Mathematics, Data and Statistics	View unit
Using Whole Numbers	WJF545	A/507/6545	3	E3	Mathematics, Data and Statistics	View unit
Working With Fractions	WJF548	L/507/6694	2	E1	Mathematics, Data and Statistics	View unit
Working with Fractions	WJB281	Y/503/3475	2	E2	Mathematics, Data and Statistics	View unit

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Working With Fractions	WJF549	D/503/3476	2	E3	Mathematics, Data and Statistics	View unit
Working With Measures	WJF550	M/507/6381	3	E1	Mathematics, Data and Statistics	View unit
Working with Measures	WJB282	A/503/3470	3	E2	Mathematics, Data and Statistics	View unit
Working With Measures	WJF551	J/503/3469	3	E3	Mathematics, Data and Statistics	View unit
Writing With Meaning	WJF554	T/507/6382	3	E1	Literacy	View unit
Writing with Meaning	WJB283	Y/504/3441	3	E2	Literacy	View unit
Writing With Meaning	WJF555	F/507/6384	3	E3	Literacy	View unit

PG3 = Personal Care PG3 = Personal Care

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Choosing Clothing and Footwear	CAL046	J/600/6251	2	E1	Skills for Independent Living	View unit
Choosing Clothing and Footwear	CAL053	L/600/6252	2	E2	Skills for Independent Living	View unit
Choosing Clothing and Footwear	CAL058	R/600/6253	2	E3	Skills for Independent Living	View unit
Drug and Alcohol Awareness	CAL061	T/600/6259	2	E1	Alcohol and Drugs Awareness, Health and Wellbeing	View unit
Drug and Alcohol Awareness	CAL065	K/600/6260	2	E2	Alcohol and Drugs Awareness, Health and Wellbeing	View unit
Drug and Alcohol Awareness	CAL070	M/600/6261	2	E3	Alcohol and Drugs Awareness, Health and Wellbeing	View unit
Eating a Balanced Diet	CAL072	T/600/6262	3	E1	Nutrition, Health and Wellbeing	View unit
Eating a Balanced Diet	CAL075	A/600/6263	3	E2	Health and Wellbeing, Nutrition	View unit
Eating a Balanced Diet	CAL077	F/600/6264	3	E3	Nutrition, Health and Wellbeing	View unit
Health and Fitness	CAL079	Y/600/6268	3	E1	Fitness, Sport, Leisure and Recreation	View unit
Health and Fitness	CAL082	R/600/6267	3	E2	Fitness, Sport, Leisure and Recreation	View unit
Health and Fitness	BZX551	A/501/5194	3	E3	Fitness, Sport, Leisure and Recreation	View unit
Looking after Clothes	CAL085	R/600/6270	3	E1	Skills for Independent Living	View unit
Looking after Clothes	CAL086	D/600/6272	3	E2	Skills for Independent Living	View unit
Looking after Clothes	CAL089	R/600/6284	3	E3	Skills for Independent Living	View unit
Personal Care and Hygiene	CAL090	M/600/6289	3	E1	Health and Wellbeing	View unit

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Personal Care and Hygiene	CAL091	H/600/6290	3	E2	Health and Wellbeing	View unit
Personal Care and Hygiene	CAL092	K/600/6291	3	E3	Health and Wellbeing	View unit
Personal Health	CAL093	A/600/6294	3	E1	Health and Wellbeing	View unit
Personal Health	CAL094	F/600/6295	3	E2	Health and Wellbeing	View unit
Personal Health	CAL095	L/600/6297	3	E3	Health and Wellbeing	View unit
Personal Presentation	CAL096	M/600/6308	3	E1	Health and Wellbeing	View unit
Personal Presentation	CAL097	T/600/6309	3	E2	Health and Wellbeing	View unit
Personal Presentation	CAL098	M/600/6311	3	E3	Health and Wellbeing	View unit
Personal Safety	CAL099	Y/600/6304	3	E1	Skills for Independent Living	View unit
Personal Safety	CAL100	D/600/6305	3	E2	Skills for Independent Living	View unit
Personal Safety	CAL101	H/600/6306	3	E3	Skills for Independent Living	View unit

PG4 = Personal Development

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Developing Assertiveness	CAK940	J/600/6475	2	E1	Personal Development	View unit
Developing Assertiveness	CAK941	Y/600/6478	2	E2	Personal Development	View unit
Developing Assertiveness	CAK942	Y/600/6481	2	E3	Personal Development	View unit
Making Choices	CAK943	M/600/6485	1	E1	Personal Development	View unit
Making Choices	CAK944	T/600/6486	1	E2	Personal Development	View unit
Making Choices	CAK945	A/600/6487	1	E3	Personal Development	View unit
Personal Awareness	CAK946	A/600/6490	2	E1	Personal Development	View unit
Personal Awareness	CAK947	F/600/6491	2	E2	Personal Development	View unit
Personal Awareness	CAK948	L/600/6493	2	E3	Personal Development	View unit
Self Advocacy	CAK949	Y/600/6495	3	E1	Personal Development	View unit
Self Advocacy	CAK950	H/600/6497	3	E2	Personal Development	View unit
Self Advocacy	CAK951	M/600/6499	3	E3	Personal Development	View unit
Understanding Relationships	CAK952	D/600/6501	2	E1	Relationships	View unit
Understanding Relationships	CAK953	K/600/6503	2	E2	Relationships	View unit
Understanding Relationships	CAK954	T/600/6505	2	E3	Relationships	View unit