

## LASER Entry Level Certificate in Independent Living (Looking After Yourself and Your Home) (Entry 1)

### Rules of Combination

To achieve the LASER Entry Level Certificate in Independent Living (Endorsed Pathway) (Entry 1), learners must achieve a minimum of 14 credits. 1 credit must be taken from the Mandatory Unit - Independent Living. The 13 remaining credits must be taken from one of the pathway groups (A or B). The choice of pathway will determine the endorsement of the qualification. Within the chosen pathway, 1 credit must be taken from the Mandatory Unit. A minimum of 3 credits must be taken from each of PG1-4. The learner must achieve a minimum of 8 credits at Entry 1. Units with the same title at different Entry Levels are not allowed. It is important to note that learners cannot mix and match units across Pathways.

### Mandatory group

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Independent Living	CAK956	M/600/6146	1	E1	Skills for Independent Living	<a href="#">View unit</a>
Looking After Yourself And Your Home	CAK985	Y/600/6156	1	E1	Skills for Independent Living	<a href="#">View unit</a>

### PG1 = Household Skills

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Basic Cooking Techniques	CAL080	J/600/6198	3	E1	Food and Drink	<a href="#">View unit</a>
Basic Cooking Techniques	CAL083	L/600/6199	3	E2	Food and Drink	<a href="#">View unit</a>
Basic Cooking Techniques	CAL084	T/600/6200	3	E3	Food and Drink	<a href="#">View unit</a>
Everyday Food and Drink Preparation	CAL087	L/600/6204	3	E1	Food and Drink	<a href="#">View unit</a>
Everyday Food and Drink Preparation	CAL088	R/600/6205	3	E2	Food and Drink	<a href="#">View unit</a>
Everyday Food and Drink Preparation	CAL118	Y/600/6206	3	E3	Food and Drink	<a href="#">View unit</a>
Food Safety and Storage	CAL119	K/600/6209	3	E1	Food and Drink, Food Safety	<a href="#">View unit</a>
Food Safety and Storage	CAL120	D/600/6210	3	E2	Food and Drink, Food Safety	<a href="#">View unit</a>
Food Safety and Storage	CAL121	H/600/6211	3	E3	Food Safety, Food and Drink	<a href="#">View unit</a>
Household Cleaning	CAL122	K/600/6212	3	E1	Skills for Independent Living	<a href="#">View unit</a>
Household Cleaning	CAL123	M/600/6213	3	E2	Skills for Independent Living	<a href="#">View unit</a>
Household Cleaning	CAL124	T/600/6214	3	E3	Skills for Independent Living	<a href="#">View unit</a>
Household Expenses	CAL125	A/600/6215	3	E1	Money Management	<a href="#">View unit</a>
Household Expenses	CAL126	F/600/6216	3	E2	Money Management	<a href="#">View unit</a>
Household Expenses	CAL128	J/600/6217	3	E3	Money Management	<a href="#">View unit</a>
Household Shopping	CAL130	L/600/6218	3	E1	Skills for Independent Living	<a href="#">View unit</a>
Household Shopping	CAL135	R/600/6219	3	E2	Skills for Independent Living	<a href="#">View unit</a>

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Household Shopping	CAL137	L/600/6221	3	E3	Skills for Independent Living	<a href="#">View unit</a>
Kitchen Hygiene	CAL139	A/600/6201	1	E1	Food and Drink	<a href="#">View unit</a>
Kitchen Hygiene	CAL140	F/600/6202	1	E2	Food and Drink	<a href="#">View unit</a>
Kitchen Hygiene	CAL141	J/600/6203	1	E3	Food and Drink	<a href="#">View unit</a>
Make a Simple Meal	CAL142	R/600/6222	3	E1	Skills for Independent Living	<a href="#">View unit</a>
Make a Simple Meal	CAL143	Y/600/6223	3	E2	Skills for Independent Living	<a href="#">View unit</a>
Make a Simple Meal	CAL144	D/600/6224	3	E3	Skills for Independent Living	<a href="#">View unit</a>
Recycling, Managing Waste	CAL146	H/600/6225	2	E1	Environment and Conservation, Recycling	<a href="#">View unit</a>
Recycling, Managing Waste	CAL147	K/600/6226	2	E2	Recycling, Environment and Conservation	<a href="#">View unit</a>
Recycling, Managing Waste	CAL149	M/600/6227	2	E3	Environment and Conservation, Recycling	<a href="#">View unit</a>
Using Domestic Appliances	WJF528	M/507/2265	2	E1	Skills for Independent Living	<a href="#">View unit</a>
Using Domestic Appliances	CAL154	T/600/6228	2	E2	Skills for Independent Living	<a href="#">View unit</a>
Using Domestic Appliances	CAL155	A/600/6229	2	E3	Skills for Independent Living	<a href="#">View unit</a>

## PG2 = Learning Skills

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Discussion Skills	WJF496	F/507/6367	2	E1	Personal Development	<a href="#">View unit</a>
Discussion Skills	WJB227	D/504/3442	2	E2	Personal Development	<a href="#">View unit</a>
Discussion Skills	WJF497	T/504/3494	2	E3	Personal Development	<a href="#">View unit</a>
Introduction To Whole Numbers	WJF500	F/507/6546	1	E1	Mathematics, Data and Statistics	<a href="#">View unit</a>
Introduction To Whole Numbers	WJB238	Y/503/3461	1	E2	Mathematics, Data and Statistics	<a href="#">View unit</a>
Introduction To Whole Numbers	WJF501	D/503/3462	1	E3	Mathematics, Data and Statistics	<a href="#">View unit</a>
Measure: Weight	WJF506	L/507/6372	1	E1	Mathematics, Data and Statistics	<a href="#">View unit</a>
Measure: Weight	WJF507	T/507/6463	1	E2	Mathematics, Data and Statistics	<a href="#">View unit</a>
Measure: Weight	WJC805	Y/506/0921	1	E3	Mathematics, Data and Statistics	<a href="#">View unit</a>
Preparing To Write	WJF510	Y/507/6374	3	E1	Literacy	<a href="#">View unit</a>
Preparing to Write	WJB247	L/504/3517	3	E2	Literacy	<a href="#">View unit</a>
Preparing To Write	WJF511	K/504/3444	3	E3	Literacy	<a href="#">View unit</a>
Reading For A Purpose	WJF512	D/507/6375	3	E1	Literacy	<a href="#">View unit</a>
Reading for a Purpose	WJB248	F/504/3479	3	E2	Literacy	<a href="#">View unit</a>

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Reading For A Purpose	WJF513	J/504/3502	3	E3	Literacy	<a href="#">View unit</a>
Reading For Information	WJF514	J/504/3449	2	E1	Literacy	<a href="#">View unit</a>
Reading for Information	WJB249	A/504/3500	3	E2	Literacy	<a href="#">View unit</a>
Reading For Information	WJF515	R/504/3518	3	E3	Literacy	<a href="#">View unit</a>
Reading Graphical Material	WJF516	H/507/6376	1	E1	Mathematics, Data and Statistics	<a href="#">View unit</a>
Reading Graphical Material	WJB250	T/504/3480	2	E2	Mathematics, Data and Statistics	<a href="#">View unit</a>
Reading Graphical Material	WJF517	F/504/3482	1	E3	Mathematics, Data and Statistics	<a href="#">View unit</a>
Strategies for Reading	WJF520	D/504/3506	3	E1	Literacy	<a href="#">View unit</a>
Strategies for Reading	WJB262	F/504/3465	2	E2	Literacy	<a href="#">View unit</a>
Strategies for Reading	WJF521	A/504/3481	2	E3	Literacy	<a href="#">View unit</a>
Using Fractions	WJF529	K/507/6377	2	E1	Mathematics, Data and Statistics	<a href="#">View unit</a>
Using Fractions	WJB270	D/504/3523	2	E2	Mathematics, Data and Statistics	<a href="#">View unit</a>
Using Fractions	WJF530	J/507/6693	2	E3	Preparation for Work	<a href="#">View unit</a>
Using Money	WJF533	A/504/3478	3	E1	Money Management	<a href="#">View unit</a>
Using Money	WJB272	L/504/3453	2	E2	Money Management	<a href="#">View unit</a>
Using Money	WJF534	M/504/3512	2	E3	Money Management	<a href="#">View unit</a>
Using Shape	WJF539	R/504/3471	3	E1	Mathematics, Data and Statistics	<a href="#">View unit</a>
Using Shape	WJB273	H/504/3460	2	E2	Mathematics, Data and Statistics	<a href="#">View unit</a>
Using Shape	WJF540	L/504/3467	2	E3	Mathematics, Data and Statistics	<a href="#">View unit</a>
Using Time	WJF541	R/504/3499	2	E1	Mathematics, Data and Statistics	<a href="#">View unit</a>
Using Time	WJB274	J/504/3466	1	E2	Mathematics, Data and Statistics	<a href="#">View unit</a>
Using Time	WJF542	Y/504/3536	1	E3	Mathematics, Data and Statistics	<a href="#">View unit</a>
Using Whole Numbers	WJF543	D/507/6540	3	E1	Mathematics, Data and Statistics	<a href="#">View unit</a>
Using Whole Numbers	WJF544	T/507/6544	3	E2	Mathematics, Data and Statistics	<a href="#">View unit</a>
Using Whole Numbers	WJF545	A/507/6545	3	E3	Mathematics, Data and Statistics	<a href="#">View unit</a>
Working With Fractions	WJF548	L/507/6694	2	E1	Mathematics, Data and Statistics	<a href="#">View unit</a>
Working with Fractions	WJB281	Y/503/3475	2	E2	Mathematics, Data and Statistics	<a href="#">View unit</a>

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Working With Fractions	WJF549	D/503/3476	2	E3	Mathematics, Data and Statistics	<a href="#">View unit</a>
Working With Measures	WJF550	M/507/6381	3	E1	Mathematics, Data and Statistics	<a href="#">View unit</a>
Working with Measures	WJB282	A/503/3470	3	E2	Mathematics, Data and Statistics	<a href="#">View unit</a>
Working With Measures	WJF551	J/503/3469	3	E3	Mathematics, Data and Statistics	<a href="#">View unit</a>
Writing With Meaning	WJF554	T/507/6382	3	E1	Literacy	<a href="#">View unit</a>
Writing with Meaning	WJB283	Y/504/3441	3	E2	Literacy	<a href="#">View unit</a>
Writing With Meaning	WJF555	F/507/6384	3	E3	Literacy	<a href="#">View unit</a>

### PG3 = Personal Care PG3 = Personal Care

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Choosing Clothing and Footwear	CAL046	J/600/6251	2	E1	Skills for Independent Living	<a href="#">View unit</a>
Choosing Clothing and Footwear	CAL053	L/600/6252	2	E2	Skills for Independent Living	<a href="#">View unit</a>
Choosing Clothing and Footwear	CAL058	R/600/6253	2	E3	Skills for Independent Living	<a href="#">View unit</a>
Drug and Alcohol Awareness	CAL061	T/600/6259	2	E1	Alcohol and Drugs Awareness, Health and Wellbeing	<a href="#">View unit</a>
Drug and Alcohol Awareness	CAL065	K/600/6260	2	E2	Alcohol and Drugs Awareness, Health and Wellbeing	<a href="#">View unit</a>
Drug and Alcohol Awareness	CAL070	M/600/6261	2	E3	Alcohol and Drugs Awareness, Health and Wellbeing	<a href="#">View unit</a>
Eating a Balanced Diet	CAL072	T/600/6262	3	E1	Nutrition, Health and Wellbeing	<a href="#">View unit</a>
Eating a Balanced Diet	CAL075	A/600/6263	3	E2	Health and Wellbeing, Nutrition	<a href="#">View unit</a>
Eating a Balanced Diet	CAL077	F/600/6264	3	E3	Nutrition, Health and Wellbeing	<a href="#">View unit</a>
Health and Fitness	CAL079	Y/600/6268	3	E1	Fitness, Sport, Leisure and Recreation	<a href="#">View unit</a>
Health and Fitness	CAL082	R/600/6267	3	E2	Fitness, Sport, Leisure and Recreation	<a href="#">View unit</a>
Health and Fitness	BZX551	A/501/5194	3	E3	Fitness, Sport, Leisure and Recreation	<a href="#">View unit</a>
Looking after Clothes	CAL085	R/600/6270	3	E1	Skills for Independent Living	<a href="#">View unit</a>
Looking after Clothes	CAL086	D/600/6272	3	E2	Skills for Independent Living	<a href="#">View unit</a>
Looking after Clothes	CAL089	R/600/6284	3	E3	Skills for Independent Living	<a href="#">View unit</a>
Personal Care and Hygiene	CAL090	M/600/6289	3	E1	Health and Wellbeing	<a href="#">View unit</a>

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Personal Care and Hygiene	CAL091	H/600/6290	3	E2	Health and Wellbeing	<a href="#">View unit</a>
Personal Care and Hygiene	CAL092	K/600/6291	3	E3	Health and Wellbeing	<a href="#">View unit</a>
Personal Health	CAL093	A/600/6294	3	E1	Health and Wellbeing	<a href="#">View unit</a>
Personal Health	CAL094	F/600/6295	3	E2	Health and Wellbeing	<a href="#">View unit</a>
Personal Health	CAL095	L/600/6297	3	E3	Health and Wellbeing	<a href="#">View unit</a>
Personal Presentation	CAL096	M/600/6308	3	E1	Health and Wellbeing	<a href="#">View unit</a>
Personal Presentation	CAL097	T/600/6309	3	E2	Health and Wellbeing	<a href="#">View unit</a>
Personal Presentation	CAL098	M/600/6311	3	E3	Health and Wellbeing	<a href="#">View unit</a>
Personal Safety	CAL099	Y/600/6304	3	E1	Skills for Independent Living	<a href="#">View unit</a>
Personal Safety	CAL100	D/600/6305	3	E2	Skills for Independent Living	<a href="#">View unit</a>
Personal Safety	CAL101	H/600/6306	3	E3	Skills for Independent Living	<a href="#">View unit</a>

## PG4 = Personal Development

Unit title	LASER Unit code	Ofqual Unit code	Credit value	Unit level	Unit category	
Developing Assertiveness	CAK940	J/600/6475	2	E1	Personal Development	<a href="#">View unit</a>
Developing Assertiveness	CAK941	Y/600/6478	2	E2	Personal Development	<a href="#">View unit</a>
Developing Assertiveness	CAK942	Y/600/6481	2	E3	Personal Development	<a href="#">View unit</a>
Making Choices	CAK943	M/600/6485	1	E1	Personal Development	<a href="#">View unit</a>
Making Choices	CAK944	T/600/6486	1	E2	Personal Development	<a href="#">View unit</a>
Making Choices	CAK945	A/600/6487	1	E3	Personal Development	<a href="#">View unit</a>
Personal Awareness	CAK946	A/600/6490	2	E1	Personal Development	<a href="#">View unit</a>
Personal Awareness	CAK947	F/600/6491	2	E2	Personal Development	<a href="#">View unit</a>
Personal Awareness	CAK948	L/600/6493	2	E3	Personal Development	<a href="#">View unit</a>
Self Advocacy	CAK949	Y/600/6495	3	E1	Personal Development	<a href="#">View unit</a>
Self Advocacy	CAK950	H/600/6497	3	E2	Personal Development	<a href="#">View unit</a>
Self Advocacy	CAK951	M/600/6499	3	E3	Personal Development	<a href="#">View unit</a>
Understanding Relationships	CAK952	D/600/6501	2	E1	Relationships	<a href="#">View unit</a>
Understanding Relationships	CAK953	K/600/6503	2	E2	Relationships	<a href="#">View unit</a>
Understanding Relationships	CAK954	T/600/6505	2	E3	Relationships	<a href="#">View unit</a>