

LASER Entry Level Award in Independent Living (Personal Care) (Entry 1)

14.1 Foundations for Learning and Life

Unit title	LASER Unit code	Unit code	Credit value	Unit level	
Choosing Clothing and Footwear	CAL046	J/600/6251	2	E1	View unit specification
Choosing Clothing and Footwear	CAL053	L/600/6252	2	E2	View unit specification
Choosing Clothing and Footwear	CAL058	R/600/6253	2	E3	View unit specification
Drug and Alcohol Awareness	CAL061	T/600/6259	2	E1	View unit specification
Drug and Alcohol Awareness	CAL065	K/600/6260	2	E2	View unit specification
Drug and Alcohol Awareness	CAL070	M/600/6261	2	E3	View unit specification
Eating a Balanced Diet	CAL072	T/600/6262	3	E1	View unit specification
Eating a Balanced Diet	CAL075	A/600/6263	3	E2	View unit specification
Eating a Balanced Diet	CAL077	F/600/6264	3	E3	View unit specification
Health and Fitness	CAL079	Y/600/6268	3	E1	View unit specification
Health and Fitness	CAL082	R/600/6267	3	E2	View unit specification
Independent Living	CAK956	M/600/6146	1	E1	View unit specification
Looking after Clothes	CAL086	D/600/6272	3	E2	View unit specification
Looking after Clothes	CAL089	R/600/6284	3	E3	View unit specification
Looking after Clothes	CAL085	R/600/6270	3	E1	View unit specification
Personal Care and Hygiene	CAL090	M/600/6289	3	E1	View unit specification
Personal Care and Hygiene	CAL091	H/600/6290	3	E2	View unit specification
Personal Care and Hygiene	CAL092	K/600/6291	3	E3	View unit specification
Personal Health	CAL093	A/600/6294	3	E1	View unit specification
Personal Health	CAL094	F/600/6295	3	E2	View unit specification
Personal Health	CAL095	L/600/6297	3	E3	View unit specification
Personal Presentation	CAL096	M/600/6308	3	E1	View unit specification
Personal Presentation	CAL097	T/600/6309	3	E2	View unit specification
Personal Presentation	CAL098	M/600/6311	3	E3	View unit specification
Personal Safety	CAL099	Y/600/6304	3	E1	View unit specification
Personal Safety	CAL100	D/600/6305	3	E2	View unit specification
Personal Safety	CAL101	H/600/6306	3	E3	View unit specification

8.1 Sport, Leisure and Recreation

Unit title	LASER Unit code	Unit code	Credit value	Unit level
Health and Fitness	BZX551	A/501/5194	3	E3

[View unit specification](#)