

# LASER Entry Level Award in Independent Living (Personal Care) (Entry 1)

## 14.1 Foundations for Learning and Life

Unit title	LASER Unit code	Unit code	Credit value	Unit level	
Choosing Clothing and Footwear	CAL046	J/600/6251	2	E1	<a href="#">View unit specification</a>
Choosing Clothing and Footwear	CAL053	L/600/6252	2	E2	<a href="#">View unit specification</a>
Choosing Clothing and Footwear	CAL058	R/600/6253	2	E3	<a href="#">View unit specification</a>
Drug and Alcohol Awareness	CAL061	T/600/6259	2	E1	<a href="#">View unit specification</a>
Drug and Alcohol Awareness	CAL065	K/600/6260	2	E2	<a href="#">View unit specification</a>
Drug and Alcohol Awareness	CAL070	M/600/6261	2	E3	<a href="#">View unit specification</a>
Eating a Balanced Diet	CAL072	T/600/6262	3	E1	<a href="#">View unit specification</a>
Eating a Balanced Diet	CAL075	A/600/6263	3	E2	<a href="#">View unit specification</a>
Eating a Balanced Diet	CAL077	F/600/6264	3	E3	<a href="#">View unit specification</a>
Health and Fitness	CAL079	Y/600/6268	3	E1	<a href="#">View unit specification</a>
Health and Fitness	CAL082	R/600/6267	3	E2	<a href="#">View unit specification</a>
Independent Living	CAK956	M/600/6146	1	E1	<a href="#">View unit specification</a>
Looking after Clothes	CAL086	D/600/6272	3	E2	<a href="#">View unit specification</a>
Looking after Clothes	CAL089	R/600/6284	3	E3	<a href="#">View unit specification</a>
Looking after Clothes	CAL085	R/600/6270	3	E1	<a href="#">View unit specification</a>
Personal Care and Hygiene	CAL090	M/600/6289	3	E1	<a href="#">View unit specification</a>
Personal Care and Hygiene	CAL091	H/600/6290	3	E2	<a href="#">View unit specification</a>
Personal Care and Hygiene	CAL092	K/600/6291	3	E3	<a href="#">View unit specification</a>
Personal Health	CAL093	A/600/6294	3	E1	<a href="#">View unit specification</a>
Personal Health	CAL094	F/600/6295	3	E2	<a href="#">View unit specification</a>
Personal Health	CAL095	L/600/6297	3	E3	<a href="#">View unit specification</a>
Personal Presentation	CAL096	M/600/6308	3	E1	<a href="#">View unit specification</a>
Personal Presentation	CAL097	T/600/6309	3	E2	<a href="#">View unit specification</a>
Personal Presentation	CAL098	M/600/6311	3	E3	<a href="#">View unit specification</a>
Personal Safety	CAL099	Y/600/6304	3	E1	<a href="#">View unit specification</a>
Personal Safety	CAL100	D/600/6305	3	E2	<a href="#">View unit specification</a>
Personal Safety	CAL101	H/600/6306	3	E3	<a href="#">View unit specification</a>

## 8.1 Sport, Leisure and Recreation

<b>Unit title</b>	<b>LASER Unit code</b>	<b>Unit code</b>	<b>Credit value</b>	<b>Unit level</b>
Health and Fitness	BZX551	A/501/5194	3	E3

[View unit specification](#)