

Unit Title: Understanding Eating Disorders
Unit Level: 2
Unit Credit Value: 1
GLH: 8
LASER Unit Code: BZO831
Ofqual Unit Code: T/500/5019

This unit has 2 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Understand the main eating disorders.	1.1	Identify and explain three eating disorders.
		1.2	Explain the signs and symptoms of three eating disorders.
		1.3	Explain the possible effects of having an eating disorder.
2.	Understand the link between food and feelings.	2.1	Explain three things that have a positive effect on an individual.
		2.2	Identify and explain certain issues that may have a negative impact upon an individual.
		2.3	Explain three reasons why we may eat other than hunger.

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ASSESSMENT INFORMATION

Guidance:

This grid gives details of the assessment activities to be used with the unit attached. Please refer to LASER Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

Assessment activities for this unit are indicated in the table below:

Any of these assessment methods considered appropriate may be used. However if a **P for Prescribed** appears against any assessment method, it *must* be used to assess some part/s of the unit.

Case study		Project	
Written question & answer/test/exam		Role play/simulation	
Essay		Practical demonstration	
Report		Group discussion	
Oral question and answer		Performance/exhibition	
Written description	P	Production of artefact	
Reflective log/diary		Practice file	

Assessment guidance mandatory if completed	N/A
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