

Unit Title: Healthy, Safety And First Aid At Work
Unit Level: Level 1
Unit Credit Value: 3
GLH: 27
LASER Unit Code: WJD391
Ofqual Unit Code: F/504/8858

This unit has 7 learning outcomes.

LEARNING OUTCOMES		ASSESSMENT CRITERIA	
The learner will:		The learner can:	
1.	Know about the health and safety requirements of own workplace surroundings.	1.1	Identify major hazards in the workplace.
		1.2	Outline safety procedures in the workplace.
		1.3	Outline safe working practices in the workplace.
2.	Know about the main elements of Control of Substances Hazardous to Health (COSHH).	2.1	Identify the main COSHH regulations for the workplace.
		2.2	Identify the consequences of not applying these regulations.
3.	Know how to prevent common accidents at work.	3.1	Identify causes for a range of common accidents at work.
		3.2	Outline ways of preventing a range of common accidents at work.
4.	Be able to respond to first aid incidents.	4.1	Demonstrate first aid treatments for use in dealing with simple accidents.
		4.2	State when and how to call for emergency assistance.
5.	Be able to recognise respiratory and cardiac arrest.	5.1	State how to recognise situations of respiratory and cardiac arrest.
6.	Be able to demonstrate resuscitation techniques and the recovery position.	6.1	Demonstrate resuscitation techniques in accordance with national guidelines.
		6.2	Demonstrate the recovery position in accordance with national guidelines.
7.	Be able to safely handle and move inanimate loads.	7.1	Demonstrate safe practice in the following areas: a) pushing and pulling b) supporting c) carrying a load.
		7.2	Identify when a moving and handling procedure should be stopped and help or guidance should be obtained.

Assessment Guidance:

NA

Additional Information:

NA